



OUAFC General Risk Assessment May 2023

Who Might Be Harmed	Hazard	Risk	Control Measures in Place
Participants	Game: Major Injury, Sprains, Stains Breaks, minor injuries	Minor/Major injury	Participants encouraged to disclose any injuries or medical conditions before activity starts Participants encouraged to warm up and cool down and to wear appropriate clothing. Jewellery not to be worn. Participants encouraged to keep hydrated. First Aid kit and First Aider to be provided at training and games. Blood injuries need to be treated to prevent cross contamination All first aid incidents or other H&S matters including near misses to be reported by a club member via https://oxforduni-remoteforms.info-exchange.com/Incident Participants are not to train / compete if under the influence of alcohol / non-prescribed drugs.

			Glasses must not be worn in training or matches. Glasses are not covered by university insurance policies.
Participants	Equipment/pitch defects which could lead to a greater chance of injury Hazard; Cuts, slips, trips and falls	Minor injury	The club are to be pro-active and ensure a pitch inspection takes place before the start of each game. Participants to wear appropriate footwear for the surface in question.
Participants	Training/match related physiological conditions e.g. cramps, exhaustion and dehydration	Minor injury	The Club will ensure all players take part in a pre-game warm up. Large quantities of fluid can be lost from the body during strenuous exercise, particularly in warm conditions. It is important to ensure adequate hydration before, during and after games.
Participants	Medical Conditions of Players Hazard: Asthma, diabetes, epilepsy etc.	Major/minor injury	No players should play or attempt to train if they feel unwell. The captain will check with all players that this is the case prior to each match. All members are to be informed that all medication is to be handed to the captain/a substitute e.g. Asthma inhalers etc.
Participants	Jewellery- Hazard, Cuts, entrapment etc.	Minor injury	No Jewellery is to be worn whilst playing. It is the responsibility of the player to ensure that jewellery is removed although they may be asked to remove it by the referee.
Participants	Drugs and Alcohol	Major/minor injury	The Consumption of alcohol and non-prescribed drugs prior to or during training is prohibited, and alcohol should be consumed to a reasonable level at other times. All those participating on the trip are representing Oxford University and unreasonable behaviour is not to be tolerated. Students should be reminded by the club's committee of this.

Participants	Unqualified /uninsured coaches	Unsafe practice	Club Committee to ensure that the coach/instructor is qualified and insured and where applicable a CRB/DBS is completed.
Participants	Fire	Burns/fatality	If using changing rooms or other indoor areas, use nearest fire exits, leave kit bags behind, and follow to assembly point. Captains or committee should be aware of assembly points. Iffley Road – where a fire alarm sounds on any indoor facility, game will need to be stopped until further instructions from staff. Running track is used as an assembly point. Other venues – advised to stop especially in the event of a fire alarm, like at Iffley Road, pitch is close to buildings.
Participants	Travel To / from venues Drivers / Captains Private Vehicle Hired Vehicle (through Sports Fed)	Unsafe practice Unroadworthy vehicle From minor injury to fatality	Check in advance; Location and parking arrangements. Time and distance (allow extra time). Potential hazards (roadworks etc.) and have other route in case. Weather conditions for to and from venue. Driver responsible for ensuring vehicle is roadworthy, Insurance MOT and tax in place. Driver must have full driving licence. Drivers must be on authorised list of drivers registered on scheme and have passed any checks/training course in place. Check hired vehicle for damage on pick up and drop off. Take relevant photo evidence of any and pass to Sports Fed ASAP.

	All drivers		Adhere to road and traffic laws and regulations.
	Passengers		Responsible for safety of themselves and all others in vehicle. Take regular rest breaks. Do not drive over 2 hours in any one stint. Stop ASAP for a break if feeling tired at any time. Avoid distractions particularly from others in vehicle. Use assistance of others when reversing, parking or manoeuvring in tight spaces. No alcohol when driving on club business Should be made aware distractions/anti-social behaviour are likely to affect driver.
Participants	Travel (in event of breakdown or accident)	Major accident/fatality	Ensure vehicle and occupants are not in danger from other road users. All to leave vehicle and move to safe place. Use breakdown service. Details can be found in hired vehicles. Any private vehicle used must have breakdown cover (driver responsible). Major incidents (i.e. involves any emergency service and/or anyone goes to hospital. Call 999/112 in the event of life-threatening incident or 111 for non-urgent cases. ASAP call Security Services on 01865 289999. Any injuries as a result of a traffic incident or a near miss must be reported by a club member via https://oxforduni-remoteforms.info-exchange.com/Incident .